
THE HOPE TEACHER TRAINING™

Rekindling Purpose. Reviving Passion. Rebuilding School Culture.

Powered by the Five Pillars of the Making of Men & Waking of Women Philosophy:

Hope • Healing • Love • Learning • Belonging

PROGRAM OVERVIEW

Every teacher begins their journey with a spark—a desire to change lives. Over time, that spark fights through fatigue, frustration, trauma, and the weight of what our students carry.

The Hope Teacher Training™ is designed to rekindle that spark, rebuild professional joy, and equip educators with the tools to build high-hope classrooms that change student outcomes.

This training is not motivational fluff. It is a research-based, experience-tested, deeply human process that helps teachers reshape how they show up—emotionally, relationally, and academically—for every learner.

Our mission is simple:

Equip teachers to plant hope, so students can grow into who they were meant to be.

WHY HOPE MATTERS

Students with high levels of hope are:

- 2x more likely to say they're engaged at school
- More resilient to trauma and stress
- Higher performing academically
- More connected to caring adults

Teachers with high hope are:

- More effective
- Better classroom managers
- More grounded in their WHY
- Stronger connectors with students and families

When teachers carry hope, students feel it.

And when students feel it, the whole school changes.

TRAINING FRAMEWORK: BUILT ON THE FIVE PILLARS

1. HOPE – The Foundation

Teachers learn how to:

- Build “future-focused language” that lifts student vision
- Coach students to set clear, attainable goals
- Move students from reacting to life to creating life
- Use daily practices to increase hope inside the classroom

2. HEALING – Addressing the Hurt Behind the Behavior

Teachers learn how trauma impacts executive function, behavior, and motivation.

We teach practical strategies to:

- De-escalate without losing instruction
- Respond to triggers with empathy and authority
- Build restorative connections with students and families
- Heal themselves from burnout and compassion fatigue

3. LOVE – The Power of Consistent Adult Care

We teach educators how to give love with boundaries:

- High warmth + high expectations
- Strong relational routines
- Words that build rather than break
- Daily actions that communicate “You matter here”

4. LEARNING – Cognitive, Emotional, and Cultural Skills

Teachers receive tools to:

- Build student confidence in learning
- Increase engagement through meaningful work
- Teach self-regulation and emotional management
- Foster student agency, curiosity, and persistence

5. BELONGING – Creating Classrooms Where Every Child is Seen

Teachers learn how to transform classroom culture through:

- Inclusive practices
 - Daily belonging routines
 - Strength-based language
 - Celebration of student identity, voice, and story
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HOW THIS TRAINING TRANSFORMS SCHOOL CULTURE

Schools that implement the Hope Teacher Training™ report:

- Stronger teacher morale
- Lower behavioral referrals
- Higher attendance
- Increased student engagement
- Healthier teacher-student relationships
- A shared language of Hope across campus

This training does not fix symptoms—it transforms culture.

WHAT TEACHERS WILL LEARN

By the end of this training, participants will be able to:

- ✓ Build a hope-centered classroom climate
- ✓ Use evidence-based strategies to increase student resilience
- ✓ Improve relationship-based discipline
- ✓ Strengthen teacher-student trust

- ✓ Support students in goal setting and future planning
 - ✓ Apply self-regulation & cognitive strategies to instruction
 - ✓ Reconnect to their professional purpose and passion
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TRAINING DELIVERY OPTIONS

- Full-Day Onsite Training
 - Two-Day Deep Dive Institute
 - Virtual Professional Learning
 - Coaching Intensives for Teacher Leaders & Administrators
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ALIGNMENT WITH OKLAHOMA TEACHER STANDARDS

This training directly supports and strengthens the following:

Oklahoma Professional Teaching Standards

1. Standard 3: Learning Environments
 - Trauma-informed practices
 - Relationship-centered classrooms
 - Routines that build belonging
2. Standard 5: Assessment
 - Hope-based goal setting
 - Student reflection & progress tracking
3. Standard 8: Professional Responsibility & Ethical Conduct
 - Self-regulation
 - Burnout prevention
 - Reflective practice
4. Standard 9: Professional Growth
 - Growth mindset
 - Adult social-emotional learning
 - Collaboration and leadership

5. Oklahoma Academic Standards for SEL

- Self-awareness
- Self-management
- Relationship skills
- Responsible decision-making

This program is crafted to fully align with state PD expectations and the overall goal of improving teacher effectiveness.

TEACHER TESTIMONIALS

“This training brought me back to the reason I started teaching.”

— 8th Grade Teacher, Oklahoma City

“I didn’t realize how low my hope had gotten until this training gave it back to me. I walked out lighter, clearer, and ready to teach again.”

“Our campus needed this more than anything.”

— High School Administrator

“The five pillars changed our culture. Teachers stopped surviving and started leading with purpose.”

“I learned how to reach students I thought were unreachable.”

— 6th Grade Teacher, Tulsa

“The trauma-informed strategies were practical, powerful, and instantly usable.”

“This training should be mandatory.”

— Special Education Teacher

“I finally have the tools to build real relationships with my most challenging students.”

“It healed something in me after a hard year.”

— Veteran Teacher, 22 years

“This wasn’t just PD. It was restoration.”

CALL TO ACTION (WEB BUTTON)

Bring Hope Training to Your School

Reignite your teachers. Re-engage your students. Rebuild your culture.

If you want, I can also create:

- ✓ A landing page graphic
- ✓ A downloadable 1-page PDF
- ✓ A video script introducing the training
- ✓ A logo or tagline for the program

Would you like those added?